

HEALTHSTAR BEHAVIORAL HEALTH SERVICES

NEW ADULT INTAKE FORM

PERSONAL INFORMATION:
Personal Information:
• Full Name:
• Date of Birth:
• Gender:
Marital Status:
• Occupation:
• Address:
• City:
• State:
• Zip Code:
Phone Number:
Email Address:
EMERGENCY CONTACT:
Emergency Contact:
• Full Name:
Relationship to Patient:
Phone Number:



INSURANCE INFORMATION:

ENSORANCE IN ORDATION
nsurance Information:
Insurance Provider:
Policy/Member ID:
• Group Number:
Primary Policy Holder (if different):
MEDICAL HISTORY:
Medical History:
Primary Care Physician:
Any Chronic Health Conditions (e.g., diabetes, hypertension):
Allergies (food, medication, environmental):
Current Medications (prescription, over-the-counter, supplements):
Previous Surgeries or Hospitalizations:
Family History of Mental Health or Substance Use Disorders:



MENTAL HEALTH HISTORY:

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•	Reason for Seeking Treatment:				
•	Previous Mental Health Diagnoses (if any):				
•	Previous Mental Health Treatments (therapy, medication):				
•	Substance Use History (alcohol, drugs):				
•	History of Trauma or Abuse:				
Current Symptoms:					
•	Description of Current Symptoms or Concerns:				
•	Onset and Duration of Symptoms: Triggers or Stressors:				
•	Impact on Daily Functioning (work, relationships, activities):				



Psychiatric Assessment:

•	Current Mood (e.g., depressed, anxious):
•	Sleep Patterns:
•	Appetite and Weight Changes:
•	Energy Level:
•	Concentration and Memory:
•	Suicidal or Homicidal Thoughts:
•	Hallucinations or Delusions:
SOCIA	L AND FAMILY HISTORY:
Social	and Family History:
	Living Situation (e.g., alone, with family):
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•	Support System (friends, family, community):
•	Education Level:
•	Employment History:
•	Relationship Status:
•	Significant Life Events or Stressors:



ADDITIONAL INFORMATION:

Additional Information:

- Preferred Language:
- Cultural or Religious Considerations:
- Goals or Expectations for Treatment:
- Any Additional Information or Concerns:

CONSENT AND AUTHORIZATION:

Consent and Authorization:

- I authorize the release of information to my insurance company for billing purposes.
- I authorize the exchange of information between my primary care physician and mental health provider.

•	Signature of Patient:
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